

# This fitness pioneer is facing his greatest challenge – ALS

Augie Nieto looks at his ALS (Lou Gehrig's disease) diagnosis as an irony he would prefer to exploit rather than dwell on. With Augie's Quest, his hope is to find a cure by funding fast-track research by the Muscular Dystrophy Association, the world's leader in the fight against ALS.



ALS Division • MDA

For more information, visit  
[www.augiesquest.org](http://www.augiesquest.org) and [www.als-mda.org](http://www.als-mda.org)